
VIRGINIA PROSTATE CANCER COALITION

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Learn, Act, Overcome

September 2011

Chairman's Corner

Dick Gillespie

In this issue of the VPCC newsletter, we introduce our new motto: Learn, Act, Overcome.

Learn: All men and women must learn about prostate cancer and share that information with their loved ones, friends, and others, including legislators;

Act: All men need to act by taking care of their health including by eating right, seeing their doctor, and being tested for prostate cancer; and

Overcome: Men with prostate cancer need to take steps to overcome their disease and live a full life.

We introduce this new motto after a settlement with the MD Anderson Cancer Center, who wanted to solidify their use of their motto about making cancer history. While we would have otherwise been pleased to continue to use our original motto of making prostate cancer history in Virginia, an agreement with MD Anderson seemed in our best interests. Through the *pro bono* efforts of the OSHLAN law firm in New York, we agreed to introduce a new VPCC motto and MD Anderson agreed to compensate us for the costs involved in updating our brochures and other materials. We hope that you like the new motto as much as your Board of Directors. Your VPCC will work to allow every Virginian to follow our motto.

September is Prostate Cancer Awareness Month

Many special programs take place across Virginia during September. Below is the latest information available at press time. Please contact the institutions to verify the latest schedules. There may be additional events of which we are not aware, so if the locations below are not convenient, call your local hospitals or clinics.

City/County	Date	Time	Location	Comment/contact
Rocky Mount	9/7	8:30 - 10 AM	Franklin Hospital Carillon Clinic	540-266-6000 to register
Newport News	9/10	8-10 AM 11 AM-Noon	Riverside Cancer Care Center 12100 Warwick Boulevard	800-520-7006 Also presentations, health tips, awareness walk
Newport News	9/10	9 AM- 1 PM	Community Free Clinic	
Richmond	9/15	4:30 -7 PM	HCA Retreat Doctors Hospital, Occupational Clinic, 2621 Grove Ave.	Appointment required: 804-320-DOCS
Richmond	9/15	4:30 – 7 PM	HCA Henrico Doctors Hospital, Cancer Center specialty Clinics, 7611 Forest Ave, Henrico Forest Campus	Appointment required: 804-320-DOCS
Tappahannock	9/15	1 -5 PM	Riverside Tappahannock 618 Hospital Rd, VA 223560	800-520-7006 to register
Richmond	9/15	4:30 -7 PM	Thomas Johns Cancer Hospital 1401 Johnston-Willis Retreat	PSA & DRE Henrico Forest Campus Appointment required: 804-320-DOCS
Hopewell	9/16	4 - 7 PM	HCA John Randolph Med Ctr, Occ. Hlth	PSA & DRE: 800-888-3627. Appt necessary
Newport News	9/17	9 AM-1 PM	Stoneybrook Shopping Center, PICH,5425- H Warwick Blvd	800-736-8272 to register
Gloucester	9/17	8 – 10:30 AM	Riverside Mid. Peninsular Cancer Clinic 7519 Hospital Dr. VA 22061	800-520-7006 to register
Charlottesville	9/17	7:30 - 10:45 AM	UVA West Complex, 2nd floor, Urology Dept.	434-924-2225
Charlottesville	9/18	8 - 10:30 AM	Martha Jefferson Hospital	(PSA & DRE) 1st come, 1st served
Virginia Beach	9/20	5:30 - 7 PM	Sentara Virginia Beach General Hospital	800-736-8272 for appointment

City/County	Date	Time	Location	Comment/contact
Fishersville	9/21	5:30 PM start	Augusta Health Center	Appointments: 540-332-5961
Harrisonburg	9/21	5:30 - 7:30 PM	Mt. Jackson Clinic	540-433-5480 for appointment
Suffolk	9/21	6:30 - 9 PM	Sentara Obici Hospital	800-736-8272 for Appointment
Roanoke	9/22	5 - 7 PM	Carilion Family Medical Clinic	540-266-6000 to register
Harrisonburg	9/22	5:30 - 7:30 PM	Rockingham Memorial Urology	540-433-5480 for appointment
Hardy, Smith Mt	9/22	5:30 - 7 PM	Carilion Clinic Westlake	540-266-6000 to register
Harrisonburg	9/23	5:30 - 7:30 PM	RMH Hospital	540-433-5480 for appointment
Chesapeake	9/24	10 AM - Noon	First Baptist Church South Hill, 3633 Galbarry Road	800-736-8272 for appointment
Vinton	9/28	5 – 7 PM	Carilion Clinic	540-266-6000
Roanoke	9/28	5 -7 PM	Parkway Family Practice	540-266-6000 to register
Arlington	9/29	6 - 8 PM	Virginia Hospital Ctr, Rose Bente Lee Ostapenko Outpatient Oncology Center	Arlington men only; age 40-75 Required registration: 703-558-0922
Richmond	TBD	TBD	Massey Cancer Center 1400 E. Marshall St	804-828-7999
Richmond	TBD	TBD	Massey Cancer Center 9000 Stone Pt. Pkwy	804-327-8806
Norfolk	TBD	TBD	Sentara Hospital.	Registration required, 800-736-8272
Woodbridge	TBD	TBD	Greater PW Community Health Ctr 4379 Ridgewood Center Dr	703-680-7950

Virginia Prostate Cancer Coalition
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Help VPCC!!

*Please help continue to fight prostate cancer.
 Go to www.vapccoalition.org and click 'Donate.'
 We acknowledge all donations.*

Other September Events:

Sept 18 - Think Blue Prostate Cancer Awareness Game @ FedEx Field. Redskins vs. Cardinals

Sept 24 - CPAC Survivorship Conference, Life with Cancer Center, Fairfax, vernal@vbcb.org

Your VPCC in Action – Stop by the VPCC Booths – Better Yet, Volunteer to Help Staff the Booth

Virginia State Fair – Sept 29 to Oct 9 – Contact: Carol Noggle cnogg@comcast.net

Marine Corps Marathon, Health & Fitness Expo – Oct 27/28/29 – DC Armory. Contact: Jim Waldenfels luckyodie2@aol.com